



Community *First* Health Centers
Improving the quality of life for our community.

CARE Teen Anxiety Support Group

Community

Acceptance

Respect

Empathy



Groups lead by licensed social workers
12 Week psychoeducational group
1 hour sessions

Safe space to connect with others and gain skills to overcome anxiety.

LOCATION & CONTACT

Community First Health Centers

58144 Gratiot Ave
New Haven, MI 48048

Who to Contact if Interested:

Behavioral Health Assistant – Krista
(810)488-8000 ext: 213

AVAILABILITY

Date: Beginning This June

Time: 1:00pm-2:00pm

Duration: 12 Weeks