

**Notification To Parents / Guardians**

Name of School District: New Haven Community Schools      Date: \_\_\_\_\_

The New Haven Community Schools Board of Education has established a program of instruction, which includes HIV/AIDS and other serious communicable disease prevention education and sexuality education. Enclosed is an outline for the units of study in each of the above content area(s).

According to Michigan law, you have the right to review the materials and curriculum content to be used in HIV and other serious communicable disease prevention education, as well as sex education. The local board of education, in compliance with the statute, has made the materials and curriculum guides available for your review. If you wish to review the materials or curriculum content, please contact the high school at 586-749-5104 to arrange a time for your review. You also have the right to observe instruction in your child's classroom. If you wish to do this, please call 586-749-5104 to make arrangements.

This statute allows you to excuse your child from participation in the classes, which include HIV and other serious communicable disease prevention, as well as sex education if you choose. If you wish to exercise your right to excuse your child from instruction without penalty, please send written notice to the principal of your child's school before \_\_\_\_\_ (Date when instruction is to begin)



Sexuality / HIV Education  
Parents Request to "Opt" Student "Out"

- \_\_\_ 1. My child may be included in this instruction.
- \_\_\_ 2. My child will be "opted out" of the instruction only for the outlined instruction on the attachment.
- \_\_\_ 3. My child will be "opted out" of the instruction outlined on the attachment and all future sexuality education / HIV instruction until I further notify the principal of my child's school.

Student Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# HIGH SCHOOL REPRODUCTIVE HEALTH CURRICULUM

## Grades 9-12

### I. Reproductive Systems (Section 1)

#### A. Male

1. Identify major organs
2. Two functions of the testes
3. Trace the path of the sperm from the testes to outside the body
4. Describe how the sperm meets the egg and fertilizes it.

#### B. Female

1. Identify major organs
2. Trace the path of the egg from the ovary to the uterus
3. Explain how the uterus changes during the menstrual cycle

#### C. Pregnancy, birth, and child development

1. Pregnancy
  - a. Implantation
  - b. Mother to baby
  - c. Changes during pregnancy
2. Childbirth
  - a. Stages
  - b. Complications
3. Child development
  - a. Infancy through Childhood

### II. Sexually Transmitted Diseases (STD's) (Section 2)

#### A. What are STD's – Define STD

#### B. Identify the names of four common sexually transmitted diseases

#### C. Know how sexually transmitted diseases are spread from one person to another

#### D. Know and identify signs and symptoms of STD's

### III. Prevention of Sexually Transmitted Diseases (Section 3)

#### A. Responsible decision making

1. Abstinence
2. Risk reduction

#### B. Resources

1. Professional information
2. Treatment

#### IV. HIV infection and AIDS (Section 4)

- A. Abbreviations / definitions
- B. Effect of human immune system
- C. Opportunistic diseases
  - 1. Definition / examples
- D. Transmission
  - 1. High risk body fluids
  - 2. No / low / high-risk behaviors
  - 3. Who is at risk
- E. Stages
  - 1. HIV and no symptoms
  - 2. HIV with symptoms
  - 3. Person living with AIDS
- F. Testing
  - 1. Procedure / testing places
- G. Prevention
  - 1. Abstinence
  - 2. Decision – making / refusal skills
  - 3. Self-esteem
  - 4. Relationship of substance abuse and HIV transmission
- H. Social and psychological issues
  - 1. Legal / discrimination issues
  - 2. Media influence

#### V. Communicating effectively (Section 5)

- A. Levels of communication
  - 1. Information giving
  - 2. Directing or arguing
  - 3. Exploring
  - 4. Self-disclosing
- B. “You” and “I” messages
- C. Non-verbal communication
- D. Active listening
- E. Resisting pressure
  - 1. Resisting verbally
  - 2. Resisting non-verbally
  - 3. Reasserting your resistance

## VI. Relationships with peers (Section 6)

### A. Friendships

1. Choosing friends
2. Groups of peers

### B. Dating and romantic relationships

1. Friends or dates?
2. Crushes
3. Beginning to Date
4. Breaking up

## VII. Sexuality (Section 7)

### A. Definition

### B. Influence

### C. Myths and facts

### D. Sexual vs. emotional

### E. Risks

1. Conflicts with personal / parental values
2. Teenage pregnancy / adoption
  - a. Consequences
  - b. Statistics
  - c. Options / Adoption

## VIII. Refusal skills (Section 8)

### A. Taking a stand

1. Pressure lines
2. Saying "NO"

### B. Resisting internal Sexual pressure

1. Other ways to show love
2. Practicing self-control

### C. Dealing with external pressures

1. Resisting sexual pressure
2. Respecting others
3. High risk situations

## IX. Legal Issues (Section 9)

### A. Michigan Laws governing sexual conduct

1. First degree
2. Second degree
3. Third degree
4. Fourth degree

### B. Gross Indecency

1. Indecent Exposure